Unit: Unit 5 – Momentum and Collisions_

Honors Physics 1

Name:_____

DIRECTIONS: Consider the learning scale for the unit we are studying. Where is your current level of understanding and comprehension? Consider the Learning Goals and circle the icon next to the Learning Scale that best represents your confidence level.

LEVEL			How Confident I Am of My Progress.
4	Awesome! I understand more than Mr. Webber taught me and am ready to help others or take on my own individual projects.	SWBAT: Recognize and use concepts in everyday examples; teach the material; coach and encourage others.	
3	Yay! I know what Mr. Webber has asked me to learn!	SWBAT: Quantitatively solve problems involving momentum, the Impulse-Momentum Theory, and the Conservation of Momentum; set-up and solve problems involving different types of collisions.	I got it!
2	Hmm I understand the basics but am still working on understanding the harder stuff. I think I need some more practice.	SWBAT: Qualitatively understand the Conservation of Momentum and how it relates to the Work-Energy Theorem.	HELP WANTED I'm still thinking. I got it!
1	Retrieval – With some help, I can do it.	SWBAT: Define Impulse and Momentum; differentiate between internal and external forces; understand the different types of collisions.	HELP WANTED I'm still thinking. I got it!

Florida Standards: SC.912.N.1.2-7, SC.912.N.2.2-5, SC.912.P.12.5, MA.K12.MTR1-7.1.